



**Gordon Athletic Association
Injury and Return to Play Management Protocol**

1. Injuries Occurring Outside of Games/Practices:

The parent/guardian of an athlete who incurs an injury outside of Gordon Athletic Association (GAA) games or practices that hinders the athlete's participation will notify the coach in writing regarding the extent of the injury within 24 hours of the injury and the extent to which such injury will keep the athlete from having the ability to practice or participate in games. This will be essential once teams begin playing games, due to coaches relying upon this information to prepare line-ups, plays and game strategies.

2. Return to Play Protocol:

If the athlete requires medical attention for his/her injury, it is the parent/guardian's responsibility to provide the coach a copy of the medical professional's prognosis of the injury and expected return to normal activity date. If medical attention was sought for an injury to a player, regardless of whether or not the injury occurred during a GAA practice or game, the parent/guardian must present a medical professional's note releasing the athlete back to normal activity prior to the athlete being permitted to participate. In the event an athlete is permitted to return to play in stages, each adjustment to activity must be authorized by a medical professional.

Sport: _____

Coach: _____

Athlete's Name: _____

Parent/Guardian: _____

Parent/Guardian Signature: _____ Date: _____